



Miyazaki International Foundation B1 Carino Miyazaki, Tachibanadori Higashi 4-8-1, Miyazaki City 880-0805

Tel: 0985-32-8457 Fax: 0985-32-8512 E-mail: miyainfo@mif.or.jp Homepage: <https://www.mif.or.jp>

Open: Tuesday to Saturdays, 10:00 am to 7:00 pm Closed: Sundays, Mondays, National Holidays and December 29 to January 3



Plaza Holiday Closing

The International Plaza will be closed on August 11th (Tue) for the public holiday.



21st Annual "Miyazaki from the Outside Looking In" Art Exhibition *Free

We are holding an art exhibition featuring works by the international community of Miyazaki, including photography, calligraphy, paintings and handicrafts, all expressing their idea of "Miyazaki". Each category will have a winning entry decided by visitors' votes, so please drop by the exhibition!

Events being held during the exhibition:

[Art Festival: Part 1]

- ◆Venue: Tsutaya Bookshop, 2nd Floor, Carino Miyazaki
- ◆Dates: August 5 (Wed) – August 19 (Wed), 10:00am~8:00pm

<Events during the festival>

◎Scrunchie making workshop with African material

Come and make a scrunchie using African material with the help of an instructor from Tanzania!

- Date and time: August 8 (Sat), 2:00pm~3:00pm
- Max 10 people (Reservation required, first come first served)

◎Sari wearing experience

An instructor from India will help you try on a sari, a traditional Indian garment. Please take photos!

- Date and time: August 8 (Sat) 10:30am-11:30am
- ※ No reservation required. Just show up to the venue!

[Art Festival: Part 2]

- ◆Venue: Miyazaki Prefectural International Exchange Association, Exchange Space
- ◆Dates: August 21 (Fri) – September 12 (Sat), 10:00am-7:00pm
- *Closed on Sundays, Mondays and public holidays

<Events during the festival>

Brush pen experience

Want to try writing your favourite characters or your name with a brush pen? With examples and careful guidance from an instructor, you can freely enjoy the session even with no calligraphy experience.

- Date and time: September 5 (Sat) 1:00pm-4:00pm
- ※No reservation required. Just show up to the venue!

We have other social events lined up, as well as foreign snacks and coffee tasting experiences. See our website and Facebook page for dates and times.

◆Inquiries: Miyazaki International Foundation



The next issue of Plaza News will be published on October 1.



International Chats ♪ *Free, Registration Required

How about having a fun chat in Japanese with international residents in Miyazaki?

- ★A chat with Eduardo from Peru
- ◆Date & Time: Aug 6 (Thu) 10:30am - 11:30 am
- ◆Registration Deadline: Aug 4 (Tue)

- ★A chat with Maggie from the U.S
- ◆Date & Time: Aug 7 (Fri) 2:30pm - 3:30 pm
- ◆Registration Deadline: Aug 5 (Wed)

- ★A chat with Sin from Taiwan
- ◆Date & Time : Aug 21 (Fri) 3:00pm - 4:00 pm
- ◆Registration Deadline: Aug 14 (Fri)

- ★A chat with Yu Ding from Singapore
- ◆Date & Time: Aug 18 (Tue) 4:00pm - 5:00pm
- ◆Registration Deadline: Aug 12 (Wed)

- ★A chat with Haejeong from South Korea
- ◆Date & Time: Aug 27 (Thu) 3:00pm - 4:00 pm
- ◆Registration Deadline: Aug 20 (Thu)

- ◆Venue: CARINO Miyazaki B1 Miyazaki International Plaza
- ◆Spaces Available: 4 (Priority will be given to people who have participated less frequently)

*We accept applications by phone, email or in person.

◆Inquiries/Registration: Miyazaki International Foundation

Introducing Hinata Nihongo Navi!



The Hinata Nihongo Navi is a web portal displaying information for foreigners in Miyazaki who want to learn Japanese, and Japanese residents who want to support with Japanese language learning. Check out the latest information through the link below. The information is presented in English, Chinese, Korean, Vietnamese and in Simple Japanese. Add this one to your bookmarks too!

There are regional Japanese language classes that are free to attend. Try learning Japanese with the help of your local residents!

- September 13 (Sun) 10:00am-12:00 noon
- Saito-shi Community Hall

- October 4 (Sun) 10:00am-12:00 noon
- Shintomi-cho "Kirari" Community Center

See the Hinata Nihongo Navi portal for how to apply.



New Disaster Prevention Weather Information

Regarding new information about weather disasters
As of May 2026, new information about weather disasters is in effect, and we have reflected the relevant parts in the MIF's information and our Disaster Prevention Pamphlet. This pamphlet is available in Japanese, English, Chinese, Korean, Vietnamese, Indonesian and Burmese. To prepare for the unexpected, be sure to take a look at this pamphlet. They're free to take home!

It is also available through the website link below, so add it to your bookmarks!



Notice regarding the Medical Handbook

We distribute a free medical handbook to help foreigners living in Miyazaki. This is also available on our website in English, Chinese, Korean and Vietnamese. Add It To Your Bookmarks!
To help foreigners in Miyazaki handle visits to medical institutions with ease, there's information about how to describe your symptoms, names of body parts and organs, medication, and what to do in an emergency.

<https://www.mif.or.jp/english/medical-handbook/>



A free booklet entitled 'Living in Miyazaki Prefecture: Information for Foreign Residents'

We distribute a free handbook with useful information for your life in Miyazaki, including what to do in times of emergency, called "Living in Miyazaki: A Handbook for Foreign Residents". It's also available through our website, in English, Chinese, Korean and Vietnamese. Add it to your bookmarks!

You'll find information covering a variety of issues, such as ...

- (1) Illness and injury, hospitals and insurance etc.
- (2) Japanese residence matters such as moving house and one's home, employment, labour and visas
- (3) Family concerns like children's education
- (4) What to do in emergencies like traffic accidents, earthquakes, fires, crime etc.

<https://www.mif.or.jp/living-guidebook/>
Please bookmark our website.



Local Announcements

<Tano>

The 34th Tano Taiko Festival

~ Love Taiko Drumming? Love Festivals? Then in Summer, it has to be Tano! ~ *Free

At this event, spectators can enjoy some impressive taiko drumming performances, such as Tano's famous local *Amadaiko*.

Make sure to check it out!

◇Date & Time: August 29 (Sat) 4:00pm - 9:00pm

◇Location: Multipurpose Plaza, Tano Sports Park

◇Inquiries & Application: Tano General Branch Office,
Community Welfare Division Tel:0985-86-1111



Introducing the Miyazaki International Foundation website and Facebook

All information about events etc. is updated through our website and Facebook page! We'll post notices in September about upcoming Cultural Understanding Talks and Traditional Japanese Culture Workshops happening in October. You can find updates about our other courses and workshops through the website and Facebook page linked below, so add them to your bookmarks!



Videos for the Daily Life Orientation

What are Videos for the Daily Life Orientation??

The Immigration Services Agency created videos for the daily life orientation based on "Guidebook on Living and Working" so that foreign nationals can join Japanese society smoothly!

Now available on the Immigration Services Agency website and other internet sites (YouTube, etc.)! Total 19 languages



ISA Website

Confessions of a scaredy - cat

"My Last Confession"



Miyazaki Prefecture CIR
Katherine Kessler

... Is that by the time you read this, I'll have left Miyazaki for my new life in Kobe. I'm sad to be leaving so soon, if excited for the future. But I at least have this chance to say goodbye and thank you, to all of you in Miyazaki.

Thank you to everyone who played a part in making me feel at home here. To all the people who brightened my day by coming to chat with me at the Plaza – from the students hoping to practice English for their futures, to the obaa-sans and ojii-sans who shared their stories with me. Thank you to my fellow music lovers for the long (often Beatles-related) conversations, and for the piano jam sessions (again, featuring so many Beatles songs)! Thank you to my driving instructors who made me laugh and feel confident behind the wheel rather than panicked. Thank you to all the cafés I would spend long peaceful hours on a Sunday afternoon, and all the people I met and talked to there.

Thank you to everyone who let me yap about pro wrestling to them either in English or Japanese. Thank you to the bright blue sea and sky seen through Aoshima's vermillion shrine gate, a sight that took my breath away every time. And thank you for reading this column. I know there are at least a few of you, because you were kind enough to tell me in person that you like my scaredy cat confessions. I'm about to go to a job and a city that'll probably be a much bigger challenge than the gentle pace of life Miyazaki gave me. But after two years here, growing and learning and creating a life for myself in this country – I think it'll be all right. Because I'll always have somewhere I can come back to in southern Kyushu that feels like home.