



PLAZA NEWS



Miyazaki International Foundation B1 Carino Miyazaki, Tachibanadori Higashi 4-8-1, Miyazaki City 880-0805

Tel: 0985-32-8457 Fax: 0985-32-8512 Email: miyainfo@mif.or.jp Homepage: <https://www.mif.or.jp/>

Open: Tuesdays to Saturdays, 10:00 am to 7:00 pm Closed: Sundays, Mondays, National Holidays and December 29 to January 3

Traditional Japanese Culture Workshop in Shintomi - Yukata wearing tutorial and local festival experience - *Registration Required, FREE



- ◇Date and Time : October 20 (Sun) 3:00pm - 5:00pm
- ◇Venue : Shintomi Town General Cultural Exchange Center "Kirari"
- ◇Capacity : 15 (10 women/5 men, first come, first served)
- ◇Target : Foreign Residents of Miyazaki ◇Cost : Free
- ◇How to apply: Please apply through the URL or the 2-dimensional barcode below. Applications are also accepted by phone or email.

<https://forms.gle/ZXSnZLaLtR1caVdZ9>



- ◇Application due : October 4 (Fri)
- NB: Applications will close once all available places are filled.
- ◇Inquiries & Application: Miyazaki international Foundation

Hinata Japanese Classes (In-Person / Online) *Registration Required

The Miyazaki International Foundation offers beginner-level Japanese language courses for people from overseas living in Miyazaki prefecture. There is no charge for this course. Learn some essential Japanese to help you be more active in your local community!

*For more information, please visit our website or Facebook page.

★In person★

<Introductory level>

- ◇Date & Time: October 15 (Tue) to February 6 (Thu)
Every Tuesday and Thursday 1:30 pm - 3:30 pm
30 lessons in total
- ◇Target: Those learning Japanese for the first time
- ◇Class Size: 10 people



★Online★

<Introductory level>

- ◇Date & Time: October 16 (Wed) to February 7 (Fri)
Every Wednesday and Friday 1:30 pm - 3:30 pm
30 lessons in total
- ◇Target: Those learning Japanese for the first time
- ◇Class Size: 7 people



<Beginner 1>

- ◇Date & Time: October 15 (Tue) to February 13 (Thu)
Every Tuesday and Thursday 10:00 am - 12:00 noon
30 lessons in total
- ◇Target: Those who can already read Hiragana and Katakana
- ◇Class Size: 7 people

<Beginner 2>

- ◇Date & Time: October 16 (Wed) to February 7 (Fri)
Every Wednesday and Friday 10:00 am - 12:00 noon
30 lessons in total
- ◇Target: Those who can already read and write Hiragana and Katakana, and make simple conversation in Japanese
- ◇Class Size: 7 people
- ◇Inquiries: Miyazaki International Foundation

Training Seminar for Volunteers to Assist Foreign Residents During a Disaster (Ebino City) *Free, Registration Required



Let's practice scenarios for supporting foreign residents in the event of a disaster, and using simple Japanese to send out information! If you're interested in contributing to the support of foreign residents and multicultural coexistence, this course is for you.

- ◇Date & Time: October 19(Sat) 1:00pm - 2:45pm
- ◇Venue: Ebino City International Exchange Center
〒889-4243 Ebino City, Enokida 388-1

◇Lecturer: Ms. Minako Takagi

◇Details (Course schedule):

- Volunteering to support foreign residents during disaster
- Practice scenarios for supporting foreign residents during disasters and "simple Japanese"
- Workshop

◇Target: Those with interest in supporting foreign residents and multiculturalism.

◇Spaces Available: 30 (First come, first served)

◇To Apply: Please apply via the URL or the 2-dimensional barcode. Applications are also accepted by phone or email.

<https://forms.gle/QzubpebtGzSMSe8QA>

◇Application Deadline: October 5 (Sat)

◇Inquiries & Application: Miyazaki International Foundation



Disaster Management Seminar for Foreign Residents (Ebino City) *Free, Registration Required

Let's learn what to do in the event of and how to prepare for natural disasters in this seminar!

- ◇Date & Time: October 19 (Sat) 3:00 pm - 4:40 pm
- ◇Location: Ebino City International Exchange Center
- ◇Target: Foreigners living in Ebino City
- ◇Lectures covering: Natural disasters, How to prepare for them and How to evacuate in the event of them etc.
- ◇Spaces Available: 30
- ◇Organized: Ebino City / Miyazaki prefecture
Miyazaki International Foundation
- ◇To Apply: Ebino City Civic Collaboration Division
TEL:0984-35-1118
Email: kyodo@city.ebino.lg.jp



We have new Japanese books in the International Plaza!

- The Destiny that Brought Me to Japan
- The Wonderful Women of Tehran
- Creating a Multicultural School
- Teaching Children from Other Countries: A Handbook and more.



Talk with the CIRs ♪ *Free, Registration Required

How about having a chat with the Coordinators for International Relations from the Prefectural Government?

★A chat with Katherine from England (Japanese & English)

◇Date & Time: ①October 11 (Fri) 3 - 4 pm

②October 25 (Fri) 3 - 4 pm



◇Registration Deadline:

①October 4 (Fri) ②October 18 (Fri)

★A chat with Yu Ding from Singapore (Japanese & Chinese)

◇Date & Time: October 22 (Tue) 6 - 7 pm

◇Registration Deadline: October 15 (Tue)



★A chat with Haejeong from South Korea (Japanese & Korean)

◇Date & Time: October 31 (Thu) 3 - 4pm

◇Registration Deadline: October 24 (Thu)



◇Venue: CARINO Miyazaki B1 Miyazaki International Plaza

◇Spaces Available: 4(Priority will be given to people who have participated less frequently)

*We accept applications by phone, email or in person.

◇Inquiries/Registration: Miyazaki International Foundation

International Understanding Lecture - Korea



"Korean Cuisine: Let's make a hearty budae jjigae With Youngju" *Free, Registration Required

Mr. Youngju Son from Korea invites you to make the Korean stew budae jjigae with him, as well as nori-wrapped kimbap! There'll also be a lesson in Korean table manners.

◇Date & Time: November 9 (Sat) 10:00am - 1:00pm

◇Venue: Miyakonojo city community center

◇Lecturer: Mr. Youngju Son ◇Fee: Free

◇Spaces Available: 20 (First-come, first-served)

◇To Register: Please register through the URL or the barcode below. Registrations are also accepted by phone or email.

<https://forms.gle/QsgRfapSKoRjCnDu5>

◇Registration Deadline: October 26 (Sat)

◇Inquiries & Registration: Miyazaki International Foundation



A Message from the Miyazaki Support Center for Foreign Residents

The Miyazaki Support Center for Foreign Residents welcomes residents from abroad with questions or concerns related to their lives in Miyazaki.

【Open】Tuesdays to Saturdays, 10:00 am - 7:00 pm

Tel: 0985-41-5901 Fax: 0985-41-5902

E-mail: support@mif.or.jp



Website



Facebook



Instagram



Click here for more information on consultations for foreign residents. →



Local Announcements < Miyazaki City >

Kosodate Café "Bread Making"
*Free, Registration required



A gathering for mums, dads, and expecting parents. Come and bake delicious German-style bread rolls, while enjoying good conversation. A public health nurse will also be available to answer any questions about raising children.

◇Date & Time: November 9 (Sat) 1:30 pm - 4:00 pm

◇Venue: Miyazaki-shi Nishiku Kōryūsentā

◇Target: Parents/Expecting parents with roots overseas

*If you have childcare needs, please let us know when you sign up.

◇Registration/Inquiries: Text "kosodate" to the official LINE account on the right.

We will respond with further information.

Miyazaki City International Association

TEL: 0985-44-1770

Email: miyazaki-mcia@miyazaki-catv.ne.jp



October Events



Event	Date & Time	Venue	Contact/Information
Obi Castle Festival	10/19(Sat)-10/20(Sun)	Nichinan Area around Obi Castle	Nichinan City Tourist Association Tel: 0987-31-1134 https://www.kankou-nichinan.jp/tourisms/12981/
2024 Kakashi Festival	10/12(Sat) 3:30pm - 9:00pm	Miyakonojo City Yamada town Ichidōgaoka Park	Yamada General Branch Office Tel: 0986-64-1111 https://www.city.miyakonojo.miyazaki.jp/soshiki/22/65680.html

Confessions of a scaredy-cat

"An Earth-shattering Realization"



Miyazaki Prefecture CIR
Katherine Kessler

Two months ago, I felt like the title of this column had become obsolete. Life in Japan isn't as anxiety-inducing as it seemed it would be at the start. What more do I have to confess?

But lately I've been having suspicious nightmares, that start out normal, but end – literally – in disaster.

Torrential rains battering the streets, the ground suddenly throwing me off my feet with violent shaking. The stab of terror and realization that oh god, it's happening, this is it. The Big One. I always knew about natural disasters in Japan. I was never scared of them until 8 August, when Miyazaki was slammed with a 7.1 magnitude quake, followed by a stomach-plummeting bulletin: Caution required for Megaquake.

As the title of this column suggests, I scare easily. I catastrophize with the best of them. But for once, my anxieties were proportional to the threat. The Nankai Trough Megathrust Earthquake happening is not a matter of if, but when. And when it happens, the damage will be almost unimaginable. For most it's been an abstract far-off danger, but August's quake brought us closer to the possibility than anyone would like. At the time, I asked Miyazaki locals how they felt about the possibility of the Nankai megaquake hitting, and the response was unanimous: it's a terrifying prospect. But shou ga nai, right? You can't predict it or prevent it, all you can do is prepare.

This philosophy was hard to accept at first, but now that I have done these preparations – getting an emergency bag together, for instance – I think I understand the cognitive dissonance a little better. Once you've truly done everything you can, and trust in your ability to survive whatever happens, your brain quickly gives up worrying over the part it can't control.

