

It's good to be prepared!

Miyazaki gets a lot of typhoons, and it's not uncommon around this time of year to see several of them when you check the weather forecast. Also, there's a lot of concern lately about the possibility of a large earthquake happening in the Nankai Trough. Since Miyazaki faces the Pacific Ocean, if a large earthquake were to happen, besides the damage caused by the quake itself, there is also a serious risk of a large amount of damage that could be caused by the resulting tsunami. There is a Japanese saying: "*Sonae areba urei nashi.*" It means, 'the most important thing when it comes to natural disasters is to be prepared beforehand'. Make sure to make every preparation to ensure your safety.



1. Find the nearest evacuation sites from the 'disaster prevention map' or 'hazard map', issued by the local government.
2. Decide where you will meet and how you will communicate with your family and friends if an earthquake occurs.
3. Make sure your Passport, Residence Card (*zairyu* card), Bankbook and other valuables are stored somewhere safe and easily accessible. Also, be sure to have emergency stocks of food, water, spare medication, a torch, and other important items ready in case you get cut off.
4. Get to know your neighbours, so you can help each other out in the event of a disaster. We also recommend joining your Local Residents' Association. You can ask people who live nearby for more about your Local Residents' Association.
5. Take part in disaster drills and training, and learn as much as you can about evacuation shelters, food distribution and so on in your local area.

Information from the Miyazaki Prefecture International Foundation:

'Miyazaki International Festival – Friends of the World'

Date and Time: Saturday 11th, November, 10am-4:30pm (free entrance)

Audience: Foreign residents living in Miyazaki Prefecture, local residents, all are welcome

Location: Basement floor 1, First floor, and Second floor of Carino Miyazaki

Contents: World culture experience booths, Japanese culture experience, booths from different countries and international associations, art exhibition ('Miyazaki' as seen through the eyes of its foreign residents), international understanding lectures, world foods and more!

Seminar about disaster prevention for foreign residents (Let's connect disaster prevention seminar)

Date and time: Saturday 9th, December 10:30-12:00 (Free participation)

Audience: International students, students, local residents, those supporting overseas

Location: Miyazaki University Library

Contents: Experience booths (disaster prevention tools, hazard maps, AED)

Sponsors: Miyazaki Prefecture International Foundation, Miyazaki City, Miyazaki University International Cooperation Centre

If you have any questions, opinions, or requests about this piece, please contact the Miyazaki International Foundation. TEL : 0985-32-8457 FAX : 0985-32-8512 Email : miyainfo@mif.or.jp If you have any questions or queries regarding everyday life, please consult the Miyazaki Support Centre for Foreign Residents. TEL : 0985-41-5901 FAX : 0985-41-5902 Email : support@mif.or.jp

※日本語訳は後日、(公財)宮崎県国際交流協会のホームページに掲載されます。