### Introducing the Miyazaki International Plaza

宮崎県国際プラザの紹介

In Japan, from April the new fiscal year begins. For those of you who started your new lives here in summer, are you doing well? Have you got used to your new lifestyles? Hopefully you do not have the 'May Blues'. The 'May Blues' is the generic name for the unsettling feeling or uncertainty many people feel towards their new surroundings in May, roughly a month after starting at university or a new company in April. The Miyazaki International Foudation does many things to help and support the smooth daily life of foreign residents who live in the prefecture and those who come to visit. If there are any aspects of your life here in Miyazaki that you are finding challenging, please do not hesitate to come and see us! We also publish information that is useful to foreign residents every month in the 'Living in Miyazaki'. This month, we will introduce the 'Miyazaki International Plaza', which is the point of contact of the foundation. It is a space that can be freely used by anyone as a place for exchange and obtaining information.

### About the Miyazaki International Plaza

Location: Carino Miyazaki Basement Floor 1, approximately 10-minute walk from Miyazaki Station into the city centre, next to the Miyazaki Central Post Office

Opening hours: 10am - 7pm (from Tuesday to Saturday)

Closed: Sunday, Monday, public holidays (December 29th to January 3rd)

For those who come by car, please use the Carino parking lot or a paid parking lot nearby. Please note that we do not issue parking voucher.



#### ◆Information available.

We provide information related to international exchange, etc.

## ◆Reading and loaning of books, magazines, and newspapers

You can borrow books written in different languages and various resource textbooks for studying Japanese. Anyone can borrow books for up to two weeks (two books per person at any one time). You can also read newspapers written in English.



#### ◆Plaza bulletin board

The board displays information regarding events and language classes. The information on this board can also be found on the website for Japanese with English, Chinese, and Korean translation.

# ◆Support from Coordinators for International Relations (CIRs).

We are also supported by Coordinators for International Relations (CIRs) that can speak English, Chinese, and Korean. Please feel free to ask any of our staff members for assistance.

CIRs are stationed at the Plaza on Tuesdays (English and Chinese), Thursdays (Korean), and Fridays (English). Please inquire in advance in case CIRs are not available.

If you have any questions, opinions, or requests about this piece, please contact the Miyazaki International Foundation. TEL: 0985-32-8457 FAX: 0985-32-8512 Email: miyainfo@mif.or.jp

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