

Questions, comments, postings, or for information in Plaza News: Miyazaki International Foundation, B1 Carino Miyazaki,Tachibanadori Higashi 4-8-1, Miyazaki City 880-0805 Tel: 0985-32-8457 Fax: 0985-32-8512 Email: miyainfo@mif.or.jp Homepage: https://www.mif.or.jp/ Open: Tuesdays to Saturdays, 10:00 a.m. to 7:00 p.m. Closed: Sundays, Mondays, National Holidays and December 29 to January3

OPlaza Holiday Closing

The International Plaza will be closed for the end and beginning of year holidays from December 29th (Wed) to January 3rd (Mon), 2022. *We will be reopening from January 4th (Tue), 2022.

~Information about local Japanese language classes~

Have fun practicing your Japanese with local residents! Anyone can take part. The class is free of charge.

<Hyuga>

♦Date & Time: January 16th (Sun) 1:30 pm - 3:30 pm
♦Venue: Mimitsu Junior High School Sports hall
♦Space Available: 30
♦Deadline: January 12th (Wed)

Deadline: January 12th (Wed)

<Nichinan>

<Tsuno>

ODate & Time: January 16th (Sun) 1:30 pm - 3:30 pm

Venue: Sokyakusojin Center
 Space Available: 20
 Deadline: January 12th (Wed)



♦ Date & Time: January 23rd (Sun) 10:00 am - 12:30 pm
 ♦ Venue: BUNMEI
 ♦ Space Available: 10

Deadline: January 19th (Wed)

*How to Apply: Please send us your name, phone number, nationality and Japanese language level by fax or email. *Inquiries & Application: Miyazaki International Foundation

Disaster Preparedness Seminar for Foreign Residents *FREE, Registration Required



These days many parts of Japan have suffered damage from major earthquakes and torrential rains that are said to occur once every 50 or 100 years.

Through this seminar, you can learn the basics of how to respond to and prepare for disasters.

If you know anyone from overseas who might be interested, please let them know!

♦ Date & Time: January 29th(Sat) 1:00 pm - 4:30 pm
 ♦ Venue: Miyazaki City Fire Department, Miyazaki
 Higashimorokata Wide Area Disaster Management Centre

Cligibility: About 40 people from overseas living in Miyazaki, international students and their families. (Participants may bring Japanese guests)



*Interpretation in English, Chinese and other languages (scheduled) is available.

Those who do not speak Japanese are welcome too!

Lectures containing:

Presentation on natural disasters, First-aid course, Mock fire fighting drill, Confirming your nearest evacuation shelter, Opportunity to try emergency rations etc.

How to apply: Fill out our application form and return it by fax, post, or E-mail.

Opeadline: January 11th(Tue)

Inquiries & Application: Miyazaki International Foundation

Japanese Practice Sessions *No Registration Required, FREE

♦Date & Time: 10:30 am - 11:30 am
 [Wed] 1/5, 1/12, 1/19, 1/26
 [Fri] 1/7, 1/14, 1/21, 1/28
 ♦venue: CARINO Miyazaki B1F
 ♦Inquiries: Miyazaki International Foundation



Talk with the CIRs♪ Anyone from overseas is welcome to attend! <This month, only first-time participants will be allowed to take part >

Date & Time :

★A chat with Sky from Singapore (Japanese & English) January 18th (Tue) 3:00pm - 4:00pm **◇Deadline:** January 14th (Fri)

 ★A chat with Yujin from Korea (Japanese & Korean) January 20th (Thu) 3:00pm - 4:00pm
 ♦Deadline: January 15th (Sat)

 ★A chat with Marsh from England (Japanese & English) January 28th (Fri) 6:00pm - 7:00pm
 ◆Deadline: January 25th (Tue)

*We accept applications by phone or in person. *Everyone is welcome to come along, but in order to help prevent the spread of COVID-19, we have to limit the number of participants to about 4 people. Places are first come, first served.

*Please note that this chat may be subject to change or cancellation depending on the status of the COVID-19 pandemic.

OINQUIRIES & Application: Miyazaki International Foundation

16h Annual "Miyazaki From the Outside Looking In" Art Festival Traveling Exhibit

The art exhibition "Miyazaki From the Outside Looking In," which was held on the 1st basement floor of the CARINO building in Miyazaki City from November 17th to December 4th 2021, will be displayed in Miyakonojo, Mimata. Be sure to check it out!

[Miyakonojo]

Date & Time: January 14th (Fri) to January 27th (Thu)
 Venue: Miyakonojo City Hall 1st floor Shimin Salon

[Mimata Town]

Date & Time: January 29th (Sat) to February 4th (Fri) *The exhibition starts on the afternoon of Saturday, January 29^{th.}

Venue: Mimata Town Library

Inquiries: Miyakonojo International Association TEL:0986-23-2295



Miyazaki International Plaza Counter Volunteer Recruitment



We are currently looking for volunteers from within Miyazaki Prefecture, 18 years of age or older, to work at the front counter of the Miyazaki International Plaza and assist Plaza staff. To apply, interested parties should submit a completed application form by March 5th (Sat).

In the case of multiple applicants, potential volunteers will undergo a screening process.

*Nationality will not play a role in choosing applicants.

However, volunteers expected to speak some basic Japanese.

♦Volunteer Period:

April 7th (Thu) to September 30th (Fri) *Excluding Holidays **◊Volunteer Time:**

One day a week from Tue to Sat from; **A.** 10:15 am - 12:45 pm Volunteers will work on the same day and during the same time period from week to week.

- Tasks: Assisting Plaza visitors, assist in lending out and checking in library materials sending out documents, organizing library materials, arranging and forwarding used stamps, etc.
- ♦ Others: Transportation expenses not covered; no monetary rewards (*however, volunteer's insurance will be covered by the International Foundation and parking vouchers will be issued to volunteers making use of the CARINO Miyazaki Parking Lot)

Dead Line: March 5th (Sat)

♦Inquiries: Miyazaki International Foundation





January Event

Miyazaki International Plaza Library Corner

Lending Period: 2 books for 2 weeks

- **Extensions:** You are allowed 1 renewal for another 2 weeks. Please contact us before your materials are due.
- **Returns:** Tuesday Saturday, 10:00am 7:00pm *Materials can also be returned via mail (borrower responsible for shipping costs)



Library materials are shared by the public. Please refrain from bending or writing on the pages, dirtying materials, etc. The borrower bears responsibility for replacing ruined or lost materials.

Introduction of Japanese language volunteers *Registration required, free of charge

Foreigners or Japanese returnees in Miyazaki who wish to study Japanese language will be introduced to registered Japanese language volunteers upon request. Study location, hours, and contents will be decided by the learner and the tutor themselves. **Target:** Foreign residents of Miyazaki Prefecture **Inguiries & Application:** Miyazaki International Foundation

Information from the Miyazaki Support Center for Foreign Residents Online Consultations:

For people can't make it to the Support Center, we are offering online consultations!

Please check our website for more information.

♦Inquiry: Miyazaki Support Center for Foreign Residents Tel: 0985-41-5901 Fax: 0985-41-5902

E-mail: support@mif.or.jp

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Facebook

URL: https://support.mif.or.jp/news/3360/







Website

Instagram

Event	Date & Time	Venue	Contact
Learn Archaeology from	1/8(Sat) - 3/13(Sun)	Saito City	Saitobaru Archaeological Museum
a textbook	9:30 am - 5:30 pm	Saitobaru Archaeological Museum	0983-41-0041
Ebino Plateau	12/1(Wed) - Late February	Ebino City	Ebino Plateau Ice Rink
Outdoor Ice Rink	9:00 am - 5:00 pm	Ebino Plateau Ice Rink	0984-33-5946

An Englishman in Miyazaki

"Guilty Pleasures"



Miyazaki Prefecture CIR Marsh Graham

Hi everyone! あけまして、おめでとうございます! (Happy New Year!) What with all the usual talk of detox that flies around in my home country this time of year, following the typical excesses that come with celebrating the changing of the calendar, I got to thinking about guilty pleasures (I couldn't find a perfect stock Japanese translation, but something along the lines of 背徳感 - haitokukan) - those things we enjoy but feel embarrassed about and so prefer to keep them secret: The filthy allure of a wondrously muddy cup of always-surprisingly-terrible service station coffee in the middle of the night, the comforting buzz of 3AM cup noodles with a side-order of discount beer and video games, that pop song or celebrity dating reality show on TV you tell all your friends you can't stand - that kind of thing. Everyone has their own guilty pleasures, just as everyone has their own likes and dislikes, but the amusing thing about them is that they're not so guilty at all! Maybe I'm just saying that because I like to spend my days off getting dressed up in leather to get sweaty and often oily (I'm a closet バイク男子 - biker), which certainly does sound like something perhaps best kept to oneself now that I say it out loud, but a clinical psychiatrist taught me a while back that indulging that part of your brain and giving your mind and body something they really want now and then is actually very important from a mental health point of view. Of course, it's not a smart idea to do it too much, even if only to avoid the unfortunate outcome of doing only things you feel guilty about (or having to explain that you didn't come to work because you were otherwise engaged binge-watching Fuwa-chan videos while cannonballing instant ramen and 30 C - 10 to the accompaniment of Mozart and The Tweenies...), but don't forget that it's good to be bad sometimes! Take care of yourselves, everyone, and here's wishing you all a great 2022, with just enough guilt to keep it interesting 😟.