



PLAZA NEWS



Miyazaki International Foundation

Questions, comments, postings, or for information in Plaza News: Miyazaki International Foundation, B1 Carino Miyazaki, Tachibanadori Higashi 4-8-1, Miyazaki City 880-0805 Tel: 0985-32-8457 Fax: 0985-32-8512 Email: miyainfo@mif.or.jp Homepage: <https://www.mif.or.jp/>
Open: Tuesdays to Saturdays, 10:00 a.m. to 7:00 p.m. Closed: Sundays, Mondays, National Holidays and December 29 to January 3

◎Plaza Holiday Closing

The International Plaza will be closed for the public holiday on April 29th (Thu)

Japanese Language Course : Beginner Level 1-2 *Registration Required

The Miyazaki International Foundation will be hosting beginner level 1&2 Japanese courses for foreign residents.

◇**Date & Time:** Jun.1st (Tue) to Sep.2nd (Thu), 2021
Every Tuesday and Thursday (25 sessions in total)

Level 1 : 1:30 pm - 3:20 pm
Level 2 : 10:10 am - 12:00 pm

◇**Location:** CARINO Miyazaki B1

◇**Target:** Level 1: Those learning Japanese for the first time.
Level 2: Those who can read Hiragana and Katakana.

◇**Course Fee:** FREE

◇**Fee for course materials :** ¥2,376



Online Japanese Language Course : Beginner Level 1-2- 3

*Registration Required

Learn some essential Japanese to help you be more active in your local community! Anyone who is living in Miyazaki Prefecture and able to use Zoom can take part.

◇**Application:** <https://forms.gle/2D5t7xwz64pYVK6S7>

◇**Inquiries:** Miyazaki International Foundation

Course①<Beginner1>

:Those learning Japanese for the first time

◇**Date & Time:** Apr.15th (Thu) to Jul.22nd (Thu)

Every Monday and Thursday 10:00 am - 11:50 am
An orientation session and 25 lessons.

◇**Course Fee:** FREE

*Participants will need to buy their own textbook(¥2640).

Course②<Beginner2>

:Those who can read Hiragana and Katakana

◇**Date & Time:** Apr.14th (Wed) to Jul.14th (Wed)

Every Wednesday and Friday 10:00 am - 11:50 am
An orientation session and 25 lessons.

◇**Course Fee:** FREE

*Participants will need to buy their own textbook(¥2640).

Course③<Beginner2>

:Those who can read Hiragana and Katakana

◇**Date & Time:** Apr.15th (Thu) to Jul. 20th (Tue)

Every Wednesday and Friday 6:30 pm - 8:20 pm
An orientation session and 25 lessons.

◇**Course Fee:** FREE

*Participants will need to buy their own textbook(¥2640).



Course④<Beginner3>

:Those who can make simple conversation in Japanese

◇**Date & Time:** Apr.13th (Tue) to Aug. 20th (Fri)

Every Tuesday and Friday 10:00 am - 11:50 am
An orientation session and 35 lessons.

◇**Course Fee:** FREE

*Participants will need to buy their own textbook(¥4400).

Japanese Practice Sessions *FREE, No Registration Required

◇**Dates & Times:** 10:30 am ~ 11:30 am

[Wed] 4/7, 4/14, 4/21

[Fri] 4/9, 4/16, 4/23

◇**Location:** CARINO Miyazaki B1F

◇**Inquiries:** Miyazaki International Foundation



A Brief Introduction to the Miyazaki International Foundation

The Miyazaki International Foundation is planning to hold the following courses in the 2021 Financial year. Further information will be posted on our website (<https://www.mif.or.jp/>) and in Plaza News nearer the time. Also, make sure to check our Facebook page for the latest updates.

【Courses】

- Japanese Language Course: Beginner Level1,2
- Online Japanese Course: Beginner Level 1,2,3
- Regional Japanese Language Classes
- Japanese Practice Sessions
- Disaster Preparedness Seminar
- Training Seminar for Volunteers to Assist Foreign Residents During a Disaster
- Chat Sessions (English, Chinese, Korean)
- Working Holiday Information Session
- Traditional Japanese Culture Experience
- International Understanding Class
- Training Course for Volunteer Japanese Language Tutors
- Seminar for People Wishing to Support Foreign Residents



【Events, Festivals】

- Miyazaki International Festival – “Friends of the World”
- Art Festival – “Miyazaki – From the Outside Looking in”
- Japanese Speech Contest



【Volunteers/Lecturers】

- Volunteer Japanese Language Teachers (We introduce people to volunteers to help them learn Japanese)
- Volunteer Interpreters (These volunteers are available to interpret at events and exchange activities)
- Volunteer Host Families (We sometimes recruit families to host people on homestays in Japan)

- Volunteers to Assist Foreign Residents During Natural Disasters
- Counter Volunteers at the Miyazaki International Plaza (Terms available: April-September, October-March)
- Advisers on Multicultural Symbiosis (We dispatch lecturers to give courses on international understanding for free)

【Publications】

- South Wind (published twice a year)
- Living in Miyazaki (Published in English in the Miyazaki Nichinichi Shimbun newspaper on the last week of every month)
- Plaza News (published monthly)

◆**Enquiries:** Miyazaki International Foundation



A Brief Introduction to Japanese Music Culture

Have you ever heard of "city pops"? It's a musical genre that refers to Japanese pop music from the late 70s and 80s. The main characteristic of this music is that it has an "urban" atmosphere in its lyrics and sound. Nowadays, it's becoming quietly popular, with a lot of comments and positive reviews from all over the world when you search for it on YouTube.

Here are a few examples for you to listen to:

- Plastic Love (Mariya Takeuchi)
- Stay with me –Mayonakano Door- (Miki Matsuhara)
- Flyday Chinatown (Yasuha)
- Sparkle (Tatsuro Yamashita)



A Brief Introduction to the Miyazaki Support Center for Foreign Residents



【Consultation】

- Life consultations and Online Consultations by counselors at Support Center
- Life and legal consultations (Available at any time - lawyers and paralegals will provide consultations on everyday life in Japan)
- Consultation service by life consultants (Available at any time - Life consultants give advice to foreign residents on everyday life in Japan and provide interpreting services in English, Chinese, Korean, Portuguese, Tagalog and Vietnamese for their clients.)
- On-site counseling service at each city in Miyazaki prefecture

【Supported languages】: (We may use machine translation and phone interpreting services for consultations) English, Chinese, Korean, Thai, Vietnamese, Indonesian, Malay, Tagalog, Nepali, Portuguese, Spanish, French, Russian, German, Italian, Burmese, Mongolian, Khmer, Sinhalese

We also respond to consultations from people who support foreign residents.

【Open】: Tuesdays to Saturdays, 10:00 a.m. to 7:00 p.m.
Tel 0985-41-5901 Fax 0985-41-5902
E-mail support@mif.or.jp

Please check our Homepage, Facebook and Instagram for more information.



(Website)



(Facebook)



(Instagram)

◀April Event▶



Event	Date & Time	Venue	Contact
Bougainvillea Collection	4/17 (Sat) - 5/9 (Sun)	Miyazaki City Miyakoh Botanic Garden Aoshima, Glasshouse	Miyakoh Botanic Garden Aoshima, Glasshouse 0985-65-1042
Miyazaki International Street Music Festival 2021	4/29 (Thu/Holiday)	Miyazaki City Albright Hall, SR BOX, MRT Micc, etc...	Miyazaki Art Center 0985-22-3116

An Englishman in Miyazaki



“Overnight... Oats??”



**Miyazaki Prefecture CIR
Marsh Graham**

Hi everyone! Hope you're all keeping well.

This month's column is kind of embarrassing for me – I don't usually like to get caught up in food fads or anything like that, but this time I just couldn't help myself. Maybe my desire to try something new got the better of me. Maybe it was a moment of weakness caused by the pandemic combined with the sheer overwhelming number of recipe suggestions for them I'd received lately, I don't know. Whatever the reason, though, I ended up giving overnight oats a try. If you've never heard of the concept, it's pretty simple – you just soak some oats and other ingredients in any kind of liquid overnight, and in the morning you have a sort of posh, oatmeal breakfast waiting for you.

It's like a blank canvas for experimenting with flavour combinations, since oats have a sweet but not particularly strong taste – the possibilities are endless!

Highlights I discovered while tumbling down this particular rabbit hole include almond milk, peanut butter, banana, hazelnut spread, cocoa powder, chia seeds, sesame paste and freeze-dried strawberries. The shiitake mushrooms, however, were a complete non-starter.(I won't even go into my recent forays into shiitake ice cream – I'm big enough to admit that was a drunken excursion too far). The moral of the story is, however, that it's fun to play with your food.

How about you all? A lot of us aren't going out to eat as much as we'd like at the moment – if you've conducted any interesting culinary experiments, or unwittingly created anything that should never have existed lately, let me know! I'd love to hear the results!