

“Proper Planning and Preparation…”

Miyazaki gets a lot of typhoons - it's not uncommon around this time of year to look at the weather forecast and see several of them drawn on the weather map. Also, there's a lot of concern lately about the possibility of a large earthquake happening in the Nankai Trough. Since Miyazaki faces the Pacific Ocean, if a large earthquake were to happen, besides the damage caused by the quake itself, there is also a serious risk of a large amount of damage being caused by the resulting tsunami.

There is a Japanese saying: “*Sonae areba urei nashi.*” It means that the most important thing when it comes to dealing with natural disasters is to be prepared beforehand. Make sure to make every preparation to ensure your safety!

- 1- Find the nearest evacuation sites from the “disaster prevention map” or “hazard map,” issued by the local government.
- 2- Decide where you will meet and how you will communicate with your family and friends when an earthquake occurs.
- 3- Make sure your Passport, Residence Card (Zairyu Card), Bankbook and other valuables are stored somewhere safe and easily accessible. Also, be sure to have emergency stocks of food, water, spare medication, a torch and other important items ready in case you get cut off.
- 4- Get to know your neighbors, so you can help each other out in the event of a disaster. We also recommend joining your local Residents' Association
※Ask people who live nearby for more about your local Residents' Association.
- 5- Take part in disaster drills and training, and learn as much as you can about evacuation shelters, food distribution and so on in your local area.



◇How about taking part in a Disaster Preparedness Seminar?◇

The Miyazaki International Foundation will be holding a Disaster Preparedness Seminar aimed at people from overseas living in Miyazaki on the date below. At the seminar, you will be able to experience things such as just how much the ground shakes when an earthquake happens, or escaping from a smoke-filled room. There will also be lots of information about Disaster Preparedness apps and useful items, and various handy tips for preparing for disasters while living in Japan. Interpreting will be provided into English, Chinese and Vietnamese, so please do take part, and bring your family and friends!

Disaster Management Seminar for Foreign Residents



-Date & Time: 10/26 (Sat) 1:00 pm - 3:30 pm

-Eligibility: Foreigners and international students of Miyazaki prefecture, and their families (Participants may bring Japanese guests)

-Location: Miyazaki City Fire Department, Miyazaki Higashimorokata Wide Area Disaster Management Centre

(Shimada-ko 744-1, Yoshimura-cho, Miyazaki-shi, Miyazaki Prefecture)

-Fee: Free

※For more information, please contact the Miyazaki International Foundation.

The Miyazaki International Foundation also plan to hold a “Disaster Preparedness Course for Overseas Residents,” and an “Information Course for Volunteers to Support Overseas Residents During Disasters.” How about learning how to help people out more effectively in the event of a disaster? When more details are confirmed, we will send information out via our website and Facebook page.

If you have any questions, comments or suggestions about this article, please contact the Miyazaki International Foundation:

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